

Steeple Chase Bike Tour		
23 Mile Mountain Bike Route Follow the ORANGE FLAGS AND ARROWS - August 19, 2006		
Sponsored by: Perception Programs and Windham Area Interfaith Ministry		
Look for arrow one telephone length from the intersection.		
When riding on or crossing roads please keep as far to the RIGHT side of the road as possible and obey ALL		
There is one official rest stop in Hampton at the Congregational Church... PLEASE BE SURE TO CHECK IN!		
If you decide to leave the route, please call:		
Emergencies or assistance phones: 860-942-1491 or 860-377-8912.		
L=Left/R=Right/BR=Bear Right/BL=Bear Left/RL=Right & Left/LR=Left & Right/S=Straight/C=Continue		
0.0	R	Out of parking lot onto Main Street, Rte. 66
0.3	L	At Light on to Ash Street Caution: Heavy Traffic
0.6	R	Rail Trail
1.8	S	Cross Route 66
2.2	S	Pavement ends and dirt begins
3.7	S	Cross Route 203 Continue on Rail Trail
4.2	S	Improved section ends and heavy gravel begins
6.0	S	Cross Chewink Road
7.8	L	South Brook Street
7.8	R	Followed by quick right on Parker Road
7.9	L	Rail Trail Continues
8.8	R	Potter Road
9.0	L	James L Goodwin State Park (Follow the paved road.
9.1	BR	Trailhead begins at the gate
9.8	BL	At the top of hill Follow the Orange Flags
10.2	R	At the end of trail
10.4	S	Through the gat to paved road (Cedar Swamp Road)
11.4	L	Route 97 North
	L	Rest Stop: Hampton Congregational Church Official Check - In PLEASE SIGN IN!!!
11.5	R	Route 97 South
11.6	R	Cedar Swamp Road
12.6	S	Pavement Ends, pass through gate
12.8	L	Left turn on trail at bottom of hill
13.2	S	Continue straight on trail at intersection
13.9	L	Pass through gate on to paved road
14.0	R	Potter Road
14.2	L	Rail Trail
15.2	R	Parker Road
15.2	L	South Brook Street
15.3	R	Rail Trail
17.1	S	Cross Chewink Road
19.4	S	Cross Route 203 Continue on Rail Trail
20.9	S	Dirt ends and pavement begins
21.3	S	Cross Route 66
22.5	L	Ash Street
22.8	R	Main Street (Route 66)
23.0	L	Thead Mill Heritage Park Parking Lot